



# 9° CONGRESSO INTERNAZIONALE ESTD

10 - 12 OTTOBRE 2024, KATOWICE, POLONIA



## GIOVEDÌ 10 OTTOBRE 2024

REC • Presentazioni registrate (disponibili dopo il congresso)

SALA	<b>A</b> Onsite eng/pl Online eng/pl/it/fr/es/REC •	<b>B</b> Onsite eng/pl Online eng/pl/REC •	<b>C</b> Onsite eng Online eng/REC •	<b>D</b> Onsite eng REC •
9:00-12:30 PAUSA CAFFÈ 10:30-11:00	<b>WORKSHOP PRE-CONGRESSUALE</b> Il seminario non sarà tradotto in spagnolo <b>Anabel Gonzalez</b> Approccio progressivo al trattamento della dissociazione complessa con l'EMDR.	<b>PRE-CONFERENCE WORKSHOP</b> <b>Bethany Brand</b> Guiding Dissociative Clients to Find Solid Ground: The Conceptualization, Videos, and Exercises (part 1).	<b>PRE-CONFERENCE WORKSHOP</b> <b>Nel Draijer</b> Severe trauma related disorders (DID, cPTSD, BPD), their diagnosis and an object-relational approach to their problematic (counter) transference.	<b>PRE-CONFERENCE WORKSHOP</b> <b>Raphaël Gazon</b> Sensorimotor techniques for stabilising highly dysregulated patients.
12:30-13:30	<b>PAUSA PRANZO</b>			
13:30-17:00 PAUSA CAFFÈ 15:00-15:30	<b>WORKSHOP PRE-CONGRESSUALE</b> Il seminario non sarà tradotto in spagnolo <b>Sandra Baita</b> Amici immaginari, fantasia e gioco. Come distinguere tra i normali normali fenomeni di sviluppo e dissociazione legata al trauma?	<b>PRE-CONFERENCE WORKSHOP</b> <b>Bethany Brand</b> Guiding Dissociative Clients to Find Solid Ground: The Conceptualization, Videos, and Exercises (part 2).	<b>PRE-CONFERENCE WORKSHOP</b> <b>Peter Maves</b> A Preview of ISSTD's Revised Adult Treatment Guidelines.	<b>PRE-CONFERENCE WORKSHOP</b> The workshop will not be recorded <b>Dolores Mosquera</b> Complex PTSD and BPD: differential diagnosis and treatment planning.
18:00-18:15	<b>APERTURA DEI LAVORI CONGRESSUALI</b>			
18:15-19:15	<b>SESSIONE PLENARIA</b> <b>Suzette Boon-Langelaan</b> Comprendere e valutare sequele a lungo termine della traumatizzazione infantile: un'area poco sviluppata in psichiatria.			
19:15-20:00	<b>RICEVIMENTO DI BENVENUTO</b>			

## VENERDÌ 11 OTTOBRE 2024

9:00-10:00	<b>SESSIONE PLENARIA</b> <b>Filippo Varese (University of Manchester, UK)</b> Terapia del trauma nella psicosi precoce: Razionale e disegno di nuovi studi di ricerca per valutare le terapie del trauma negli utenti di servizi di intervento precoce e nelle persone ad altissimo rischio di psicosi				
10:15-11:15	<b>SESSIONE PLENARIA</b> <b>Anabel Gonzalez (University Hospital of A Coruña, Spain)</b> Le voci nella dissociazione e nella psicosi: approfondimenti e strumenti per la diagnosi differenziale				
11:15-11:45	<b>PAUSE CAFÉ</b>				
SALA	<b>A</b> Onsite eng/pl Online eng/pl/it/fr/es/REC •	<b>B</b> Onsite eng/pl Online eng/pl/REC •	<b>C</b> Onsite eng Online eng/REC •	<b>D</b> Onsite eng REC •	<b>E</b> Onsite eng
Sessione parallela 1 11:45-13:15	<b>WORKSHOP</b> Chair: Verrà assegnato <b>Somer Eli</b> "Maladaptive daydreaming": Smascherare il disturbo del sogno ad occhi aperti	<b>WORKSHOP</b> Chair: Will be assigned <b>Sejo Natalia</b> Dissociation as a Key to the Treatment of Severe Eating Disorders	<b>A Novel Approach to the Treatment of Patients with Complex Dissociative Disorders: Implementation of "Finding Solid Ground" in a Residential and Outpatient Setting in Norway</b> Chair: Bethany Brand <b>Andersen et al.</b> Implementation of "Finding Solid Ground" for CD-1-patients in a residential setting followed by patients' continuation of the program in their local treatment settings. <b>Harnisch et al.</b> Feasibility, acceptability, and key experiential outcomes by patients during the FSG program based on qualitative data from focus-group interviews with patients and other patient feedback. <b>Jepsen, Sele</b> Preliminary findings from quantitative process- and outcome data.	<b>WORKSHOP</b> <b>Lloyd Mike</b> Social Media and the 'New Wave' of DID	<b>WORKSHOP</b> <b>Strand Sofia</b> Different integrative approaches in psychotherapy with complex trauma patients: How to move the patient and make a shift when stuck in the process.
13:15-14:30	<b>PAUSA PRANZO E SESSIONE POSTER</b>				
Sessione parallela 2 14:30-16:00	<b>Affidabilità e validità della TADS-1</b> Chair: Suzette Boon-Langelaan <b>Boon-Langelaan</b> Trauma e Dissociazione (TADS-1): un'introduzione <b>Boon-Langelaan, Cavalletti, &amp; Boldrini</b> Uno studio pilota su Trauma e sintomi di Dissociazione (TADS-1): Prime impressioni su affidabilità e validità <b>Cavalletti, Boon-Langelaan, &amp; Boldrini</b> Determinazione delle differenze e della gravità delle storie di trauma in pazienti con e senza DD valutati con la TADS-1 <b>Boon-Langelaan, Cavalletti</b> Un'omissione nei criteri diagnostici: criteri diagnostici per i DD nel DSM-5 e nell'ICD-11?	<b>WORKSHOP</b> Chair: Will be assigned <b>Vogt Ralf</b> The Perpetrator Part-based Destructive and Undignifying Psycho-dynamics between Dissociative Patients and their Therapists – Case Examples.	<b>WORKSHOP</b> Chair: Will be assigned <b>Nissen Michael Morin</b> Understanding and practicing the ability for self-regulation through Tension and Trauma Releasing Exercises.	<b>Trauma and neurodevelopmental problems</b> Chair: Mila Molero <b>Kozielec-Oracka</b> Finding the causes of aggression. <b>Neri, Simonetta</b> Trauma Focused Therapy for Tourette Syndrome. <b>Kozielec-Oracka</b> Utility of Anabel Gonzalez cards in trauma patients with ASD - case study <b>Evcı et al.</b> Childhood Traumas, Dissociative Experiences, Depression and Perception of Parental Self Efficacy in Parents of Children Diagnosed with Autism Spectrum Disorder.	<b>WORKSHOP</b> <b>Guedes Suzana</b> Interoception in the treatment of trauma with EMDR. <b>Const</b> Trauma-Sensitive Yoga as an adjunct treatment for chronic PTSD and complex trauma: A review of existing evidence and implications for trauma therapy. <b>Ávitsland</b> Case study DID client. The power of amnesia, the challenge of different personalities in one body, and the healing through trauma-related body work. <b>Nissen</b> From dysregulation to self-regulation using Tension and Trauma Releasing Exercises. A case of reactivation of suppressed post-traumatic stress disorder as a consequence of brain surgery 31 years after a robbery. <b>Ávitsland</b> The body and the parts tell the story regardless of the patient's avoidance. Using principles and skills of sensorimotor therapy in approaching a DID client.
16:00-16:15	<b>PAUSA CAFFÈ</b>				
Sessione parallela 3 16:15-17:45	<b>VALUTARE LA DISSOCIAZIONE DA TRAUMA DISSOCIAZIONE LEGATA AL TRAUMA: IMPLICAZIONI PER IL TRATTAMENTO, LA RICERCA E LA VALUTAZIONE FORENSE</b> Chair: Matthew Robinson <b>Baranowski</b> Trauma e dissociazione nella valutazione forense dei richiedenti asilo. <b>Brand</b> Domande e risposte: Le domande più comuni che i clinici pongono sulla valutazione della Dissociazione legata al Trauma. <b>Robinson &amp; Palermo</b> Analisi di utilità degli strumenti di valutazione Gold-Standard per la Dissociazione correlata al Trauma.	<b>WORKSHOP</b> Chair: Will be assigned <b>Struik Arienne</b> How to prepare and stabilize chronically traumatized and dissociative children for trauma processing with the Sleeping Dogs method.	<b>WORKSHOP</b> Chair: Will be assigned <b>Contreras Antonieta</b> The Neurobiological Differences Across Trauma Syndromes.	<b>WORKSHOP</b> <b>Sánchez García Silvia</b> Adaptation and Validation of the Clinician- Administered PTSD Scale for DSM-5 (CAPS-5) in a Polish Sample. <b>Łukowska et al.</b> Does Food Addiction Always Coincide with Post-Traumatic Stress Disorder? Insights from Latent Profile Analysis. <b>Akıs, Öztürk</b> A Psychotraumatologic Investigation of Borderline Personality Disorder and Depressive Disorder Cases: Dissociative Trauma, Dissociation, Parental Attachment and Aggression. <b>Boyth et al.</b> Dissociation, traumatization, suicidality and the effectiveness of former treatments among hospitalized alcohol-dependent inpatients. <b>Dunalska, Szulc</b> Evolution of the dissociative phenomena in patients with depressive and anxiety disorders.	<b>Body-oriented therapies for trauma</b> Chair: Will be assigned <b>Const</b> Trauma-Sensitive Yoga as an adjunct treatment for chronic PTSD and complex trauma: A review of existing evidence and implications for trauma therapy. <b>Ávitsland</b> The role of attachment in developing body awareness and attitudes toward it in eating disorders. <b>Harnisch, Laursen</b> How the relationship models for dissociation matters: Experiences with and explanatory models for dissociation among Danish youth placed in out of home care and former forcefully abducted youth in northern Uganda; a cross-cultural analysis. <b>Khalinbayli, Ozturk</b> The Relationship Between Childhood Traumas and Emotional Reactivity, Self-Harming Behaviors, Dissociation and Self-Ambivalence in University students.
17:45-18:00	<b>PAUSA CAFFÈ</b>				
18:00-19:00	<b>SESSIONE PLENARIA</b> <b>Sandra Baita (Buenos Aires, Argentina)</b> Utilizzare la prospettiva del trauma dello sviluppo per comprendere i pazienti adulti con dissociazione.				
19:15-20:00	<b>INCONTRO DEI RAPPRESENTANTI DEI PAESI E DEI MEMBRI DELL'ESTD</b>				
20:30-23:00	<b>CENA SOCIALE (SU PRENOTAZIONE)</b>				

## SABATO 12 OTTOBRE 2024

SALA	<b>A</b> Onsite eng/pl Online eng/pl/it/fr/es/REC •	<b>B</b> Onsite eng/pl Online eng/pl/REC •	<b>C</b> Onsite eng Online eng/REC •	<b>D</b> Onsite eng REC •	<b>E</b> Onsite eng
Sessione parallela 4 9:00-10:30	<b>Nuovi approcci al trattamento del trauma</b> Chair: Verrà assegnato <b>Gerge</b> DBR, Riorientamento cerebrale profondo, nel trattamento di persone con DID e traumatizzazione, tre casi osservati. <b>Fukui, Ueda</b> Utilizzo della tecnica del contenitore esteso nella pratica clinica per il Trauma e la Dissociazione: Uno studio di evidenza tra studenti universitari giapponesi. <b>Isosävi et al.</b> Formulare il bisogno e gli ostacoli per un trattamento preventivo incentrato sul trauma per famiglie in gravidanza in Finlandia. <b>Hietamäki et al.</b> Il ruolo di gruppo „Senso di sicurezza“ per le vittime di violenza da partner nelle relazioni intime.	<b>WORKSHOP</b> Chair: Will be assigned <b>Korzekwa &amp; Dell</b> Dissociation in Borderline Personality Disorder: A Research Review. <b>Pietkiewicz, Tomalski</b> The complexity of voices: using concept mapping to develop a coding template for auditory hallucinations assessment. <b>Mosquera</b> Working with dissociative voices: A practical guide for EMDR therapists <b>Branitsky</b> Talking with Voices Trial: A Clinical and Theoretical Overview.	<b>What contributes to change in the treatment of Complex Dissociative Disorder?</b> Chair: Ingunn Holbæk <b>Holbæk, Vrabel, &amp; Halvorsen</b> "If I hear crying in my head, there is something I have overlooked. I have to go inside and make some kind of agreement." Traces of intrapsychic change two years after a psychoeducative group for people with Complex Dissociative Disorder. <b>Holbæk, Vrabel, &amp; Halvorsen</b> "Now there are fewer of me." A qualitative study of the impact of psychoeducative groups for Complex Dissociative Disorder. <b>Michalopoulos</b> From stuck to flexible - How to train therapists to identify and overcome obstacles in trauma treatment.	<b>Differential diagnosis &amp; comorbidity</b> Chair: Will be assigned <b>Stojek et al.</b> Adaptation and Validation of the Clinician- Administered PTSD Scale for DSM-5 (CAPS-5) in a Polish Sample. <b>Łukowska et al.</b> Does Food Addiction Always Coincide with Post-Traumatic Stress Disorder? Insights from Latent Profile Analysis. <b>Akıs, Öztürk</b> A Psychotraumatologic Investigation of Borderline Personality Disorder and Depressive Disorder Cases: Dissociative Trauma, Dissociation, Parental Attachment and Aggression. <b>Boyth et al.</b> Dissociation, traumatization, suicidality and the effectiveness of former treatments among hospitalized alcohol-dependent inpatients. <b>Dunalska, Szulc</b> Evolution of the dissociative phenomena in patients with depressive and anxiety disorders.	<b>Childhood trauma in a developmental and relational perspectives</b> Chair: Małgorzata Klecka <b>Klecka</b> The neurobiological approach in the therapy. From dissociation to life and balance. <b>Stec</b> Deep attunement as a corrective therapeutic experience for children with relational trauma. <b>Buzsman</b> The role of attachment in developing body awareness and attitudes toward it in eating disorders. <b>Harnisch, Laursen</b> How the relationship models for dissociation matters: Experiences with and explanatory models for dissociation among Danish youth placed in out of home care and former forcefully abducted youth in northern Uganda; a cross-cultural analysis. <b>Khalinbayli, Ozturk</b> The Relationship Between Childhood Traumas and Emotional Reactivity, Self-Harming Behaviors, Dissociation and Self-Ambivalence in University students.
10:30-11:00	<b>PAUSA CAFFÈ</b>				
Sessione parallela 5 11:00-12:30	<b>WORKSHOP</b> Chair: Verrà assegnato <b>Lemke Wendy</b> Spianare la strada al progresso: i principi della terapia dell'Io per affrontare le complessità caratteristiche dei disturbi dissociativi.	<b>Auditory verbal hallucinations</b> Chair: Will be assigned <b>Pietkiewicz, Tomalski</b> The complexity of voices: using concept mapping to develop a coding template for auditory hallucinations assessment. <b>Mosquera</b> Working with dissociative voices: A practical guide for EMDR therapists <b>Branitsky</b> Talking with Voices Trial: A Clinical and Theoretical Overview.	<b>WORKSHOP</b> Chair: Sandra Baita <b>Molero-Zafra Mila</b> Present orientation strategies to increase the tolerance of exposure to stressful memories to trauma with EMDR the impact of process on children and adolescents. <b>Gerge</b> In Depth Supervision – Deep Brain Reorienting, DBR – a CounterTool for Transforming Countertransference-reactions in Trauma Therapists. <b>Neves, Conceicao</b> Structural Dissociation of the Personality: Increasing Clinicians' Literacy on the Hidden Phenomenon Based on Their Experiences. <b>Birkan</b> Posttraumatic stress symptoms, secondary trauma and burnout in professionals working with immigrants.	<b>WORKSHOP</b> <b>Baillet Julien</b> An internal secure caregiver to heal our injured parts : The InCorporer's Method <b>Michalopoulos Irini</b> How to identify and overcome obstacles in trauma treatment.	<b>Attachment, trauma &amp; dissociation</b> Chair: Will be assigned <b>Vinke</b> Trauma and dissociation in intercountry adoptees (child and youth). <b>Emen, Ozturk</b> Examination Of The Relationship Between Manipulation and Childhood Trauma, Dissociative Experiences and Self- Handicapping In Married Couples <b>Ozden, Ozturk</b> The Mediating Role of Attachment and Parental Attitudes in the Relationship of Childhood Traumas with Dissociative Experiences, Alexithymic and Obsessive- Compulsive Symptoms. <b>Derin, Ozturk</b> Family Dynamics, Dissociative Experiences and Psychopathological Symptoms in War and Terrorism Veterans Wounded in Action.
12:30-12:45	<b>PAUSA CAFFÈ</b>				
12:45-13:45	<b>SESSIONE PLENARIA</b> <b>Igor Pietkiewicz (presidente), Sandra Baita, Suzette Boon, Bethany Brand, Matthew Robinson</b> Disturbo dissociativo dell'identità falso-positivo e imitato: considerazioni diagnostiche e politiche.				
13:45-15:00	<b>PAUSA PRANZO E SESSIONE POSTER</b>				
Sessione parallela 6 15:00-16:30	<b>WORKSHOP</b> Chair: Verrà assegnato <b>Contreras Antonieta</b> Differenziare le reazioni dissociative dal dubbio paralizzante.	<b>WORKSHOP</b> Chair: Will be assigned <b>Taboada Maria Jesus</b> Trans generational and perinatal experience with death. The first encounter with loss.	<b>Challenges and risks in providing trauma treatment</b> Chair: Will be assigned <b>Gerge</b> In Depth Supervision – Deep Brain Reorienting, DBR – a CounterTool for Transforming Countertransference-reactions in Trauma Therapists. <b>Neves, Conceicao</b> Structural Dissociation of the Personality: Increasing Clinicians' Literacy on the Hidden Phenomenon Based on Their Experiences. <b>Birkan</b> Posttraumatic stress symptoms, secondary trauma and burnout in professionals working with immigrants.	<b>WORKSHOP</b> <b>Michalopoulos Irini</b> How to identify and overcome obstacles in trauma treatment.	<b>Creative transformation of traumatic experiences</b> Chair: Will be assigned <b>Vitale, Enright</b> Providing workshops combining creativity and narrative therapy to women who survived domestic abuse. <b>Pyszkowska et al.</b> Emotional dysregulation and escapism as determinants of maladaptive daydreaming among adults on the autism spectrum and with ADHD. <b>Saibura</b> And then everything was different... the experience of post-traumatic transformation. <b>Tatti</b> The body and trauma. A place as a testimony and a therapy for remembering and telling the truth.
16:30-16:45	<b>PAUSA CAFFÈ</b>				
16:45-17:45	<b>SESSIONE PLENARIA</b> <b>Jim Hopper PhD (Harvard Medical School, USA)</b> Psicoterapia assistita da psichedelici per traumi complessi: Principi e rischi.				
17:45-18:15	<b>PREMIAZIONI E SALUTI FINALI</b>				