



9º CONGRESO INTERNACIONAL ESTD

10 - 12 OCTUBRE 2024, KATOWICE, POLONIA



EUROPEAN SOCIETY FOR TRAUMA & DISSOCIATION

JUEVES, 10 DE OCTUBRE

REC • Presentaciones grabadas (disponibles después del congreso)

SALA	A Onsite eng/pl Online eng/pl/it/fr/es/REC •	B Onsite eng/pl Online eng/pl/REC •	C Onsite eng Online eng/REC •	D Onsite eng REC •
9:00-12:30 Coffee break 10:30-11:00	PRE-CONFERENCE WORKSHOP The workshop will not be translated into Spanish Anabel Gonzalez Progressive approach to the treatment of complex dissociation with EMDR	PRE-CONFERENCE WORKSHOP Bethany Brand Guiding Dissociative Clients to Find Solid Ground: The Conceptualization, Videos, and Exercises (part 1).	PRE-CONFERENCE WORKSHOP Nel Draijer Severe trauma related disorders (DID, cPTSD, BPD), their diagnosis and an object-relational approach to their problematic (counter) transference.	PRE-CONFERENCE WORKSHOP Raphaël Gazon Sensorimotor techniques for stabilising highly dysregulated patients.
12:30-13:30	PAUSA PARA EL ALMUERZO			
13:30-17:00 Coffee break 15:00-15:30	PRE-CONFERENCE WORKSHOP The workshop will not be translated into Spanish Sandra Baita Imaginary friends, fantasy and play. How to differentiate between normal developmental phenomena and trauma-related dissociation?	PRE-CONFERENCE WORKSHOP Bethany Brand Guiding Dissociative Clients to Find Solid Ground: The Conceptualization, Videos, and Exercises (part 2).	PRE-CONFERENCE WORKSHOP Peter Maves A Preview of ISSTD's Revised Adult Treatment Guidelines.	PRE-CONFERENCE WORKSHOP The workshop will not be recorded Dolores Mosquera Complex PTSD and BPD: differential diagnosis and treatment planning.
18:00-18:15	APERTURA DEL CONGRESO Traducción al español disponible para participantes en línea			
18:15-19:15 A Onsite eng/pl Online eng/pl/it/fr/es/REC •	PLENARIO Suzette Boon-Langelaan Comprender y evaluar las secuelas a largo plazo de la traumatización crónica infantil: un área poco desarrollada en psiquiatría			
19:15-20:00	RECEPCIÓN DE BIENVENIDA			

VIERNES, 11 DE OCTUBRE

9:00-10:00 A Onsite eng/pl Online eng/pl/it/fr/es/REC •	PLENARIO Filippo Varese (University of Manchester, UK) Terapia de trauma en psicosis temprana: justificación y diseño de nuevos ensayos de investigación para evaluar terapias de trauma en usuarios de servicios de intervención temprana y personas con riesgo muy alto de psicosis			
10:15-11:15 A Onsite eng/pl Online eng/pl/it/fr/es/REC •	PLENARIO Anabel Gonzalez (University Hospital of A Coruña, Spain) Voces en disociación y psicosis: ideas y herramientas para un diagnóstico diferencial			
11:15-11:45	DESCANSO			

SALA	A Onsite eng/pl Online eng/pl/it/fr/es/REC •	B Onsite eng/pl Online eng/pl/REC •	C Onsite eng Online eng/REC •	D Onsite eng REC •	E Onsite
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Parallel sessions 1 11:45-13:15	TALLER Moderador(a): Será asignado Somer Eli Enseñanza desadaptativa: desenmascarando el trastorno de enseñanza excesiva	WORKSHOP Chair: Will be assigned Sejio Natalia Dissociation as a Key to the Treatment of Severe Eating Disorders	A Novel Approach to the Treatment of Patients with Complex Dissociative Disorders: Implementation of "Finding Solid Ground" in a Residential and Outpatient Setting in Norway Chair: Bethany Brand Andersen et al. Implementation of "Finding Solid Ground" for CDD-patients in a residential setting followed by patients' continuation of the program in their local treatment settings. Harnisch et al. Feasibility, acceptability, and key experiential outcomes by patients during the FSG program based on qualitative data from focus-group interviews with patients and other patient feedback. Jepsen, Sele Preliminary findings from quantitative process- and outcome data.	WORKSHOP Lloyd Mike Social Media and the 'New Wave' of DID	WORKSHOP Strand Sofía Different integrative approaches in psychotherapy with complex trauma patients: How to move the patient and make a shift when stuck in the process.
13:15-14:30	PAUSA PARA EL ALMUERZO Y PRESENTACIÓN DE CARTELES				

Parallel sessions 2 14:30-16:00	Fiabilidad y validez de TADS-I Moderador(a): Suzette Boon Boon-Langelaan Entrevista de Síntomas de Trauma y Disociación (TADS-I): una introducción Boon-Langelaan, Cavalletti, & Boldrini Un estudio piloto con la Entrevista de Síntomas de Trauma y Disociación (TADS-I): Primera impresión sobre fiabilidad y validez Cavalletti, Boon-Langelaan, & Boldrini Establecer las diferencias y la gravedad de los antecedentes traumáticos en pacientes con y sin TD evaluados con TADS-I Boon-Langelaan, Cavalletti ¿Una omisión en los criterios de diagnóstico para los DD en el DSM-5 y la CIE-11?	WORKSHOP Chair: Will be assigned Vogt Ralf The Perpetrator Part-based Destructive and Undignifying Psycho-dynamics between Dissociative Patients and their Therapists – Case Examples.	WORKSHOP Chair: Will be assigned Nissen Michael Morin Understanding and practicing the ability for self-regulation through Tension and Trauma Releasing Exercises.	Trauma and neurodevelopmental problems Chair: Mila Molero Kozielec-Oracka Finding the causes of aggression. Neri, Simonetta Trauma Focused Therapy for Tourette Syndrome. Kozielec-Oracka Utility of Anabel Gonzalez cards in trauma patients with ASD – case study Evcı et al. Childhood Traumas, Dissociative Experiences, Depression and Perception of Parental Self Efficacy in Parents of Children Diagnosed with Autism Spectrum Disorder.	WORKSHOP Guedes Suzana Interception in the treatment of trauma with EMDR.
16:00-16:15	DESCANSO				

Parallel sessions 3 16:15-17:45	Evaluación de la disociación relacionada con el trauma: implicaciones en el tratamiento, la investigación y la evaluación forense Moderador(a): Matthew Robinson Baranowski Trauma y disociación en la evaluación forense de solicitantes de asilo. Brand Preguntado y respondido: Las preguntas más comunes de los médicos sobre la evaluación de la disociación relacionada con el trauma. Robinson & Palermo Análisis de utilidad de las herramientas de evaluación estándar para la disociación relacionada con el trauma.	WORKSHOP Chair: Will be assigned Struik Arienne How to prepare and stabilize chronically traumatized and dissociative children for trauma processing with the Sleeping Dogs method.	WORKSHOP Chair: Will be assigned Contreras Antonieta The Neurobiological Differences Across Trauma Syndromes.	WORKSHOP Sánchez García Silvia The use of Sandtray in EMDR therapy. Common places between EMDR and Sandplay	Body-oriented therapies for trauma Chair: Will be assigned Const Trauma-Sensitive Yoga as an adjunct treatment for chronic PTSD and complex trauma: A review of existing evidence and implications for trauma therapy. Åvitsland Case study DID client. The power of amnesia, the challenge of different personalities in one body, and the healing through trauma-related body work. Nissen From dysregulation to self-regulation using Tension and Trauma Releasing Exercises. A case of reactivation of suppressed post traumatic stress disorder as a consequence of brain surgery 31 years after a robbery. Åvitsland The body and the parts tell the story regardless of the patient's avoidance. Using principles and skills of sensorimotor therapy in approaching a DID client.
17:45-18:00	DESCANSO				

Parallel sessions 4 18:00-19:00 A Onsite eng/pl Online eng/pl/it/fr/es/REC •	PLENARIO Sandra Baita (Buenos Aires, Argentina) Utilizar una perspectiva del trauma del desarrollo para comprender a los adultos con disociación				
19:15-20:00	REUNIÓN DE MIEMBROS Y REPRESENTANTES DE LOS PAÍSES DE ESTD				
20:30-23:00	CENA SOCIAL (PREVIA INSCRIPCIÓN)				

SÁBADO, 12 DE OCTUBRE

SALA	A Onsite eng/pl Online eng/pl/it/fr/es/REC •	B Onsite eng/pl Online eng/pl/REC •	C Onsite eng Online eng/REC •	D Onsite eng REC •	E Onsite
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Parallel sessions 4 9:00-10:30	Nuevos enfoques para el tratamiento del trauma. Moderador(a): Será asignado Gerge DBR, Reorientación Cerebral Profunda en el tratamiento de personas con TID y traumatización crónica: tres casos presentados. Fulki, Ueda Utilización de la técnica de contenedor ampliada en la práctica clínica para el trauma y la disociación: un estudio de evidencia entre estudiantes universitarios japoneses. Isošavi et al. Fformular la necesidad y los obstáculos para un tratamiento preventivo centrado en el trauma para familias embarazadas en Finlandia. Hietamäki et al. El modelo grupal 'Sentido de seguridad extraviado' para víctimas de violencia de pareja.	WORKSHOP Chair: Will be assigned Korzekwa & Dell Dissociation in Borderline Personality Disorder: A Research Review. Pietkiewicz, Tomalski The complexity of voices: using concept mapping to develop a coding template for auditory hallucinations assessment. Mosquera Working with dissociative voices: A practical guide for EMDR therapists Branitsky Talking with Voices Trial: A Clinical and Theoretical Overview.	What contributes to change in the treatment of Complex Dissociative Disorder? Chair: Ingunn Holbæk Holbæk, Vrabel, & Halvorsen "If I hear crying in my head, there is something I have overlooked. I have to go inside and make some kind of agreement." Traces of intrapsychic change two years after a psychoeducative group for people with Complex Dissociative Disorder. Holbæk, Vrabel, & Halvorsen "Now there are fewer of me." A qualitative study of the impact of psychoeducative groups for Complex Dissociative Disorder. Michalopoulos From stuck to flexible – How to train therapists to identify and overcome obstacles in trauma treatment.	Differential diagnosis & comorbidity Chair: Will be assigned Stojek et al. Adaptation and Validation of the Clinician- Administered PTSD Scale for DSM-5 (CAPS-5) in a Polish Sample. Łukowska et al. Does Food Addiction Always Coincide with Post-Traumatic Stress Disorder? Insights from Latent Profile Analysis. Akis, Öztürk A Psychotraumatologic Investigation of Borderline Personality Disorder and Depressive Disorder Cases: Cumulative Trauma, Dissociation, Parental Attachment and Aggression. Boyth et al. Dissociation, traumatization, suicidality and the effectiveness of former treatments among hospitalized alcohol-dependent inpatients. Dunalska, Szulc Evolution of the dissociative phenomena in patients with depressive and anxiety disorders.	Childhood trauma in a developmental and relational perspectives Chair: Małgorzata Klecka Klecka The neurobiological approach in trauma therapy: From dissociation to life and balance. Stec Deep attunement as a corrective therapeutic experience for children with relational trauma. Buszman "The role of attachment in developing body awareness and attitudes toward it in eating disorders." Harnisch, Laursen How our explanatory models for dissociation matters: Experiences with and explanatory models for dissociation among Danish Youth placed in out of home care and former forcefully abducted youth in northern Uganda; a cross-cultural analysis. Khalimbayli, Ozturk The Relationship Between Childhood Traumas and Emotional Reactivity, Self-Harming Behaviors, Dissociation and Self-Ambivalence in University students.
10:30-11:00	DESCANSO				

Parallel sessions 5 11:00-12:30	TALLER Moderador(a): Será asignado Lemke Wendy Allanar el camino hacia el progreso: principios de la terapia del estado del yo para abordar las complejidades características de los trastornos disociativos. Auditory verbal hallucinations Chair: Will be assigned Pietkiewicz, Tomalski The complexity of voices: using concept mapping to develop a coding template for auditory hallucinations assessment. Mosquera Working with dissociative voices: A practical guide for EMDR therapists Branitsky Talking with Voices Trial: A Clinical and Theoretical Overview.	WORKSHOP Chair: Will be assigned Sandra Baita Molero-Zafra Mila Present orientation strategies to increase the tolerance of exposure to stressful memories to process with EMDR the impact of trauma on children and adolescents.	WORKSHOP Chair: Will be assigned Gerge In Depth Supervision – Deep Brain Reorienting – a Potential Tool for Transforming Countertransference-reactions in Trauma Therapists. Neves, Conceicao Structural Dissociation of the Personality: Increasing Clinicians' Literacy on the Hidden Phenomenon Based on Their Experiences. Birkan Posttraumatic stress symptoms, secondary trauma and burnout in professionals working with immigrants.	WORKSHOP How to identify and overcome obstacles in trauma treatment. Michalopoulos Irini An internal secure caregiver to heal our injured parts: The Incorporer's Method	Attachment, trauma & dissociation Chair: Will be assigned Vinke Trauma and dissociation in intercountry adoptees (child and youth). Emen, Ozturk Examination Of The Relationship Between Manipulation and Childhood Trauma, Dissociative Experiences and Self- Handicapping In Married Couples Ozden, Ozturk The Mediating Role of Attachment and Parental Attitudes in the Relationship of Childhood Trauma with Dissociative Experiences, Alexithymic, and Obsessive- Compulsive Symptoms. Derin, Ozturk Family Dynamics, Dissociative Experiences and Psychopathological Symptoms in War and Terrorism Veterans Wounded in Action.
12:30-12:45	DESCANSO				

12:45-13:45 A Onsite eng/pl Online eng/pl/it/fr/es/REC •	PANEL DE DISCUSIÓN Igor Pietkiewicz (chair), Sandra Baita, Suzette Boon, Bethany Brand, Matthew Robinson Trastorno de identidad disociativo imitado y falso positivo: consideraciones diagnósticas y políticas				
13:45-15:00	PAUSA PARA EL ALMUERZO Y LANZAMIENTOS DE CARTELES				

Parallel sessions 6 15:00-16:30	TALLER Moderador(a): Será asignado Contreras Antonieta Congelación, no congelada: diferenciar las reacciones disociativas de la duda paralizante.	WORKSHOP Chair: Will be assigned Taboada María Jesus Trans generational and perinatal experience with death. The first encounter with loss. Challenges and risks in providing trauma treatment Chair: Will be assigned Gerge In Depth Supervision – Deep Brain Reorienting – a Potential Tool for Transforming Countertransference-reactions in Trauma Therapists. Neves, Conceicao Structural Dissociation of the Personality: Increasing Clinicians' Literacy on the Hidden Phenomenon Based on Their Experiences. Birkan Posttraumatic stress symptoms, secondary trauma and burnout in professionals working with immigrants.	WORKSHOP How to identify and overcome obstacles in trauma treatment. Michalopoulos Irini An internal secure caregiver to heal our injured parts: The Incorporer's Method	Creative transformation of traumatic experiences Chair: Will be assigned Vitale, Enright Providing workshops combining creativity and narrative therapy to women who survived domestic abuse. Pyszkowska et al. Emotional dysregulation and escapism as determinants of maladaptive daydreaming among adults on the autism spectrum and with ADHD. Bañbura And then everything was different... - the experience of post-traumatic transformation. Tatti The body and trauma. Therapy as a testimony and a place for remembering and telling the truth.	
16:30-16:45	DESCANSO				

16:45-17:45 A Onsite eng/pl Online eng/pl/it/fr/es/REC •	PLENARIO Jim Hopper PhD (Harvard Medical School, USA) Psicoterapia asistida por psicodélicos para traumas complejos: principios y riesgos				
17:45-18:15	PREMIOS Y CIERRE				